

# Dudley Borough Public Healthcare Forum Meeting

Thursday 6<sup>th</sup> July 2017

4.30pm – 6.30pm

Brierley Hill Civic Hall, Bank St, Brierley Hill, DY5 3DH

## Connecting the dots

We have all got a role to play when it comes to looking after ourselves and those around us. We know there is pressure and strain on NHS and Council services and this can have an effect on you. Do you think we rely too much on what organisations and professionals can do for us? Do you think there are different ways for us to look after ourselves and our communities?

Join in our conversation with the CCG and Council and help us to explore the 5 ways to wellbeing. Tell us what works for you and what you need more of.....

You'll meet your local GPs and other partners involved in planning and delivering services. We always offer a nice cuppa and a bite to eat. Our AGM follows on at 7pm so feel free to join us for that too!

### Booking is essential!

To book your place or find out more please contact Maria Prosser

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