

Healthcare forum – Connecting the dots

Thursday 6th July 2017

Activity feedback

Activity one: groups, activities and opportunities that you know about

(Where do they happen? How often? What time? Contact detail?)

Action heart (volunteers provide self management programme)
Activities at supermarkets
Activities on parks
Adult education centres and courses
Advocacy Netherton
Age concern
Age UK groups
Air time respiratory social network - COPD support group runs at DY1
Also friends or others; faithful fun, activities during school holidays
Art space (Dudley)
Atlantic house - CGL volunteering programme (people with substance misuse)
Beacon centre for the blind in Mary Stevens, Stoubridge
Bingo
Black Country Neurological Alliance
CAB
Central Methodist church, Dudley
Charities
Church group
Church Mass Fellowship

Coach trip
Colley lane school doing gardening
Community cafes
Community centres, schools, educational establishments
Community forum
Community information point
Community trainers Dudley
Cycling
David Lloyd gym exercise and chat
Deaf awareness - old people home for deaf, need more deaf access
Dementia gateway
Diabetes U.K.
Dieticians
Dormston and Victoria schools help people learn to read (adults)
Drop in centre for mothers and toddlers
Dudley and Crawley Heath badminton league - many clubs locally
Dudley carers
Dudley carers in partnership for mental health - advocate for mental health service - Talbot , Stourbridge second Wednesday each month
Dudley council adult learning (to do courses, various locations in borough)
Dudley council for voluntary services (DCVS)
Dudley SOUP
Dudley voices for choices
DY1
Elton centre Age U.K. in Stourbridge lunch and activities to help lonely people
Festivals and fetes
Food banks
Football associations
Gardening clubs
Gin festival

Group in Wellington road works with visually impaired
Groups go into care homes to support and do activities e.g. Belvideir, firs, sedgley
Gym
Headway Black Country - supporting brain injury survivors, family and carers
Health and wellbeing
Healthwatch Dudley
Healthy hubs
Home start
Information points in surgeries
Job centre (centres and online)
Keep fit classes for over 55's, age UK 'leap over 60'
Laughter yoga
Laurels social club in colley gate - once a month group to overcome loneliness
Leisure centres
Libraries (across borough)
Local community centres
Local leisure centres (Halesowen, Stourbridge, Dudley)
Local newspaper
Local parks and green places
Local women's groups in Lye like Diyya and the activities they offer like trips and courses
Lots of weight watcher and slimming world groups
Luncheon clubs
Macular society Dudley support group - Halesowen
Making use of social media
Mary Stevens hospice
Mental health
Mobile apps to connect with the community (next door)
Mount pleasant (Wesley) Methodist church
Neuro physio (John Corbett drive)

NHS 111 service
O/T's
Out for meal
Outdoor exercise/healthy hubs/parks/nature trust
Parent and toddler groups
Park
Park activator activities on Mary Stevens park, Huntingtree park, Silver jubilee, Netherton
Patient participation groups based at surgery
Patient participation groups borough wides
Peer support every two weeks through DWMH
Peer support run by Dudley mind
People trafficking service
Pharmacist/chemist
Physio
Places of worship
Playgroups
POPs
PPGs
PPGs
Pub
Rethink and mind (Dudley)
RHH Day ward for patients. Not changes into clothes until ready for treatment
Rotary clubs
Savoy centre
Sedgley community church has group on Mondays to help lonely people
Side by side theatre group in Stourbridge for people with learning disabilities
Social group for members of central Methodist church, Dudley
Social media (connecting via Facebook/twitter)
Socialise and meet ladies at castlewellan care home

Sports clubs

Stourbridge blind group meet at Mary Stevens

Stourbridge lawn tennis and racquet ball club (with gym facilities)

Support groups

Support of nursery group

Talking therapies (Dudley and Walsall)

The Big White Wall (know through GP)

Tidy Stourbridge

Toddler group in sedgley community church (Tuesdays)

University of third age U3A

Victoria school doing gardening sedgley

Video for use with people with learning disabilities to enable people to see what happens (seen in their own environment)

Visit NT

Volunteering groups

Volunteers (DCVS)

Volunteers at RHH

Walking clubs

Walking group from ladies walk in Sedgley

Weight watchers weekly meetings at the savoy centre, Dudley

West Midlands pensioners convention monthly meetings (3rd Thursday every month theatre 7th floor above Halesowen library)

WI Townswomens Guild

Wollaston lawn tennis club

Women only swims

Woodside crafts

Woodside day centre

Wordsley Amateur Dramatic society (WADs)

Youth clubs

Youth organisations eg brownies

Activity two What keeps you healthy and well and feeling good using the 5 ways to wellbeing definition. (Write on post it notes and stick on flipchart)				
Keep learning	Give	Take Notice	Be active	Connect
<ul style="list-style-type: none"> • U3A • Libraries • Well being • Staff come to deaf centre (sign cafe) to tell us how to put right with food healthy 	<ul style="list-style-type: none"> • Small charge is acceptable • Volunteering • HCF • Trusteeships • Governors/hospital/schools • DCVS • Charities • Healthwatch 	<ul style="list-style-type: none"> • Staff don't understand about deaf issue. They need to learn about deaf awareness • More info in accessible format • Photography • Curiosity 	<ul style="list-style-type: none"> • Walking groups • Older activity groups • Disability sports activities • outdoor gyms in all 5 localities 	<ul style="list-style-type: none"> • Church • HCF • Societies E.g. Soroptimists • PPGs • Community centres • UTA (university of the third age)

Activity three What would you like to do more of?
Booking online to make appointment to see GPs but how to book for interpreter? Make the most of the older generation Teaching youngsters how to look after themselves Make more use of schools Deaf people need more information about health Need to give us more information about health



Activity four		
What would you like to do more of?	What can you do to make it happen?	What help or support might you need?
<p>More money spent on Mental Health</p> <p>More day centres for mental health</p>		
<p>Community Garden – behind the library at Cradley (Dennie) and then look at cooking, eating as well as growing</p> <p>Involve the school across the road</p>	<p>Got the ideas - will do the hard work – gardening Love gardening!</p> <p>Grow food</p> <p>Connection to others in the area who are interested in the idea and getting involved</p>	<p>How to get use of the land</p> <p>Help from Community development team Link to others that have done it</p> <p>Access to tools and equipment – could be shared</p>
<p>Funding – to spend wisely</p> <p>Community support</p> <p>Money spent more wisely on services</p> <p>Have fun!</p>	<p>Take more note of older peoples experience</p> <p>Find a route to advertise</p> <p>Use of social media</p> <p>Venue for new groups to start up</p>	<p>More teachers and leaders of living skills</p> <p>Helpful local knowledge</p> <p>More learning skills, council to break down barriers between tenants and neighbours</p>

<p>Promote more volunteers in all service with local communities</p>	<p>Youth Clubs</p> <p>More competitiveness to drive people 'on'</p> <p>Positive acknowledgment or voluntary roles</p> <p>Advertise</p> <p>Promote</p> <p>Open Days</p> <p>Having people to volunteer their time and skills</p>	<p>Advice</p> <p>Signposting</p> <p>Befriending</p> <p>Signing for the deaf</p> <p>Willing volunteers</p> <p>Companionship</p> <p>Emotional support when exploring new opportunities</p>
<p>CCG's merge for a wider audience</p>	<p>The NHS Trust to arrange a joint meeting</p>	<p>The support of the members of the NHS Trust and CCG</p>
<p>For there to be more opportunities for members of the community to come together to discuss how it would be possible to achieve a level of fairness in the borough.</p> <p>Could we think of ways of reducing the the time that all of us could spend text and talking to one another on our mobile phones.</p>		

<p>More cooperation between different organisations within the Borough.</p> <p>Could we perhaps encourage 6th formers to be guest members at our meetings</p> <p>Encourage the police to attend neighbourhood watch meetings</p> <p>Make schools more available in the evenings and during the schools holidays</p>		
<p>Have 'me' time</p>	<p>Contact services</p>	<p>Someone to provide support/help to carers and those they care for - financial</p>